

THE MINDFUL SCHOOL

Student Lessons-LEVEL 1



CONCEPT:

CARTOON REVIEW

EXERCISE NAME:

STOP THE CARTOON

EXPLANATION:

CHILDREN DO NOT LIKE STOPPING CARTOON MOVIES AT HOME. BUT THIS STRENGTHENS THE ENDLESS 'BINGE WATCHING'. PAUSING THE CARTOON AND ASKING QUESTIONS WILL ENSURE THE CHILDREN WILL SPLIT THE SCREEN TIME INTO LITTLE BREAKS.

METHODOLOGY

IN THIS EXERCISE, STUDENTS WATCH A CARTOON ON THE SMARTBOARD. THE TEACHER STOPS THE CARTOON IN 3 DIFFERENT PLACES AND ASKS QUESTIONS.

- WHAT HAPPENED?
- WHO ARE THE CHARACTERS?
- WHAT DOES THIS SAY?

IT CAN ALSO BE EASILY PRACTISED AT HOME. FAMILIES SHOULD BE ENCOURAGED TO PAUSE THE SCREENS AND HAVE SHORT CHATS WITH THEIR CHILDREN AS A HOMEWORK.

REFLECTION QUESTIONS (CHILDREN OR FACILITATOR)

"DID YOU LIKE STOPPING THE CARTOON AND ASKING YOU QUESTIONS ABOUT THE MOVIE?"
"I THINK THE LITTLE BREAKS WHILE WATCHING THE SCREEN ARE VERY USEFUL.
HOW WOULD YOU USE IT AT HOME WITH YOUR FAMILY?"

REFERENCES: ORIGINAL

LESSON #:

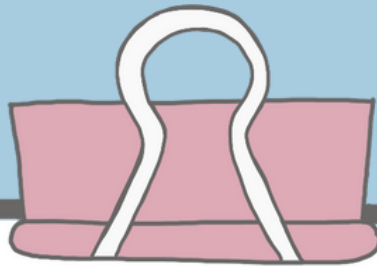
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LESSON RESOURCES



Care should be taken that the cartoon does not contain violence

CARTOON MOVIES THAT CAN BE WATCHED FOR STUDENTS AGED 6-7



-  **PINOKYO**
-  **GREAT WINGS**
-  **HEIDI**
-  **PAW PATROL**

