

THE MINDFUL SCHOOL

Student Lessons - Level 2



CONCEPT:

GENDER EQUALITY IN SCHOOLS

EXERCISE NAME:

GENDER EQUALITY

EXPLANATION:

THE CHILDREN WILL LOOK THROUGH THE UN SUSTAINABLE GOALS. THEY WILL INVESTIGATE GENDER EQUALITY AND HOW IT CAN LEAD TO SUSTAINABILITY ON A LARGE SCALE (GLOBALLY). FINALLY, THE CHILDREN WILL OBSERVE HOW WE CAN PROMOTE MORE GENDER EQUALITY IN OUR SCHOOLS.

METHODOLOGY

- THE CHILDREN WILL FORM GROUPS OF FOUR/FIVE. EACH GROUP WILL GET A COPY OF THE UN SUSTAINABLE GOALS AND WILL BE ASKED TO FIND "GENDER EQUALITY" ON THE LIST.
- THE GROUPS WILL BRAINSTORM WAYS THAT THEY THINK GENDER EQUALITY CAN PROMOTE SUSTAINABILITY ON A GLOBAL SCALE.
- THE GROUPS WILL USE IPADS TO INVESTIGATE WAYS THAT GENDER EQUALITY HAS IMPROVED OVER THE YEARS.
- NEXT, THEY WILL RETURN TO THEIR BRAINSTORM AND COMPARE THEIR FINDINGS WITH THEIR ORIGINAL IDEAS.
- THE CHILDREN WILL PRESENT THEIR FINDINGS TO THE REST OF THE CLASS AND DISCUSS THEIR OWN OPINIONS ON GENDER EQUALITY.
- THE CHILDREN WILL RETURN TO THEIR GROUPS AND DISCUSS GENDER EQUALITIES WITHIN THEIR CLASSROOM AND OVERALL SCHOOL COMMUNITY.
- EACH GROUP WILL COME UP WITH A GROUP ACTION PLAN, PROPOSING WAYS TO TARGET GENDER INEQUALITIES IN SCHOOL COMMUNITIES.
- EACH GROUP WILL SHARE THEIR IDEAS WITH ANOTHER GROUP AND RECEIVE FEEDBACK ON THEIR PLANS (WHAT WILL WORK? POTENTIAL BARRIERS?)
- FINALLY, THE GROUPS WILL WORK TOGETHER TO EDIT THEIR PLAN. AS A CLASS, EACH GROUP WILL POST THEIR PLAN ON THE WALLS OF THE CLASSROOM.

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METHODOLOGY (CONTINUED)

- THE CHILDREN WILL WALK AROUND AND VIEW EACH OF THE PLANS, TAKING DOWN ANY POINTS OF INTEREST THAT THEY FIND.
- FISHBOWL ACTIVITY: ONE PERSON FROM EACH GROUP WILL COME TO THE FRONT OF THE CLASS, FORMING A CIRCLE WITH THE OTHERS. THEY WILL RELAY THE OPINIONS AND IDEAS OF THEIR GROUP MATES. THIS WILL PROMOTE DISCUSSION AND LEAD TO THE FOUNDATIONS OF COMPLETING A CLASS PLAN TO TACKLE GENDER INEQUALITIES AND PROMOTE EQUALITY.

REFLECTION:

WHY DO YOU THINK THAT GENDER EQUALITY IS IMPORTANT? WHAT DIFFERENCE DOES GENDER IN-EQUALITY MAKE TO THE WORLD? DO YOU THINK THAT WE COULD MAKE A WHOLE SCHOOL PLAN TO TARGET INEQUALITIES?