

# THE MINDFUL SCHOOL

## Student Lessons - Level 1



### CONCEPT:

TO BRING AWARENESS TO THE SOUNDS IN NATURE AROUND US THROUGH MUSIC EDUCATION

### EXERCISE NAME:

WEATHER SOUNDSCAPE

### EXPLANATION:

THIS ACTIVITY INVITES STUDENTS TO IDENTIFY THE SOUNDS THAT DIFFERENT TYPES OF WEATHER MAKE, AND USE THESE SOUNDS TO CREATE MUSIC THROUGH BODY PERCUSSION. CHILDREN ARE ENCOURAGED TO BE MORE MINDFUL OF THE SOUNDS IN THEIR EVERYDAY, NATURAL ENVIRONMENT

### METHODOLOGY

- CHILDREN WILL LISTEN TO THE DIFFERENT TYPES OF WEATHER SOUNDS CHILDREN WILL WORK IN SMALL GROUPS TO USE BODY PERCUSSION TO RECREATE THESE SOUNDS.
- CHILDREN WILL CREATE A SEQUENCE OF FIVE SOUNDS BASED ON THE WEATHER SOUNDS USING BODY PERCUSSION AND WILL PERFORM THEIR SEQUENCE FOR THEIR CLASSMATES.
- CHILDREN WILL SPEND QUIET TIME LISTENING TO THE WORK OF THEIR CLASSMATES AND AIM TO GUESS THE SEQUENCE OF WEATHER SOUNDS.
- CHILDREN WILL USE WEATHER VISUALS TO SEQUENCE THE SOUNDS THEY HEAR.

### REFLECTION QUESTIONS (CHILDREN OR FACILITATOR)

"WHAT WEATHER TYPE DO YOU THINK THIS SOUNDSCAPE REPRESENTS?"

"WHICH WEATHER SOUND WAS THE MOST DIFFICULT TO MAKE?"

"WHICH WEATHER TYPE WAS THE MOST DIFFICULT TO IDENTIFY?"

### REFERENCES:

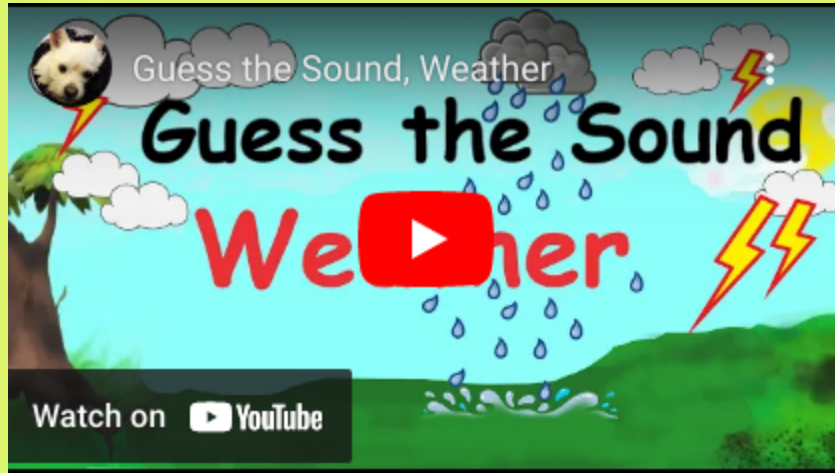
[HTTPS://WWW.YOUTUBE.COM/WATCH?V=-1D106E9GR4](https://www.youtube.com/watch?v=-1D106E9GR4)

LESSON #:

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# LESSON RESOURCES

## *Weather Sound Examples*



## *Weather Sound Sequencing Cards*

